

**HOUSTON**

# **DIAMOND APPROACH**

## COMMUNITY EVENT

Are you on, or seeking a spiritual path? Have you found yourself curious about a practice that recognizes the inherent synthesis between the spiritual and the psychological? We would love to meet you at this special community event to learn more about the Diamond Approach path. This evening will be an opportunity to explore a mystical spiritual practice in an open community format.

Sunday **November 17**

Briana's house, 1415 A Bonnie Brae, Houston TX 77006.

**5:30p to 6:30p** – group meditation, followed by inquiry-style explorations about our Work plus an informal Q&A discussion

**6:30p to 7:00p** – Socializing! Guacamole & Hummus

We look forward to meeting you

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The Diamond Approach is a spiritual path that grew out of and in response to the needs of seekers leading ordinary lives in our contemporary cultures. This practice bridges the traditional dichotomies of the psychological and the spiritual, body and the soul, the sublime and the mundane. Rather than viewing the ego or personality as an enemy to be overcome or transcended, the Diamond Approach works with our psychological structure in such a way that it is metabolized through direct understanding, thus becoming increasingly more transparent and less real experientially.

